

Kernels and seeds

Lesson on faith planting

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OVERVIEW & PURPOSE

Popcorn is a classic snack and children love hearing it and watching it pop-pop-pop!

Did you know that popcorn makes the perfect tool for an object lesson?

Take this opportunity to teach the kiddos an important Bible truth about what happens when God turns the heat up! Demonstrate how a hard, inedible seed becomes a fluffy, delicious treat. I recommend using a verse like:

And we know that all things work together for good to them that love God, to them who are the called according to his purpose. Romans 8:28

Supplies You'll Need

Microwave

Bag of microwave popcorn

Bowl

Plastic bags

Scissors

Say:

Who likes popcorn? Raise your hand? Pretend to count who likes popcorn. (Cut open a bag of popcorn and pour a few kernels in each child's hand.)

Okay, let's gobble up this popcorn. Looks yummy, right? (Kids will say no.)

You mean we can't eat these little seeds? What is the problem?(They can break your teeth and hurt you.)

(Hold up a popcorn kernel and let everyone see it.) We are a lot like this tiny little piece

of dried corn. Inside there is the potential to become something else but it as to go through a process to get the goodies out of it. Guess what? God has turn up the heat in our lives some times to get the good stuff out of us!

Let me show you what I mean! (Pop a sealed bag of popcorn in the microwave.)

See! When God wants us to transform into something better and bigger, we might have to endure a tough situation or “the heat” for a little while.

Once the popcorn begins popping say....

In John 12:24 Jesus said, “Unless a kernel of wheat falls to the ground and dies, it remains only a single seed.” Get enough heat around these kernels and they will pop up! So the next time you get sick or hear a bad report, listen for the “pop”! God will bring something wonderful out of the heat.

Lesson discussion on Seeds:

God is good, he sometimes takes tiny things to teach us about his plan for our lives.

Look at seeds....can you go on a seed scavenger hunt right now in your house? Mom and dad can help.

What did you find? Maybe look in the spice cabinet? Front yard, trees nearby, acorns, maybe you have a packet of seeds?

Well the reason we want to look at seeds is because it is a small object that can become as big as buildings! Or as small as a blade of grass.

Seeds have to be planted, in good soil, with nutrients, water sunlight. They have to have steady roots to grow to their potential.

Now I want you to stand with your back to a wall, and see how big you have gotten from the last time you checked.

You, a beautiful child, are a seed...SEED for the kingdom of heaven, put here to grow, gather the right nutrients, "Son"light and be in the right soil and as parents we get to help you develop ROOTS in biblical teachings.

Family discussion time:

How do I grow in Gods word as a child?

Parents respond, and ask about each aspect of the growing "plant" of your childs faith.

How do I use my talents for God?

When will I see the fruits in my life?

Where as a family are WE growing?

What are some things recently that you are dealing with spiritually?

Just like the plants that grow from seeds, how do you feel you fit in right now?

(Kids have these questions. They just need an avenue to ask)